

医学影像对辐射探测的需求

——PET相关辐射探测技术探讨

王超

2022.8.7 合肥

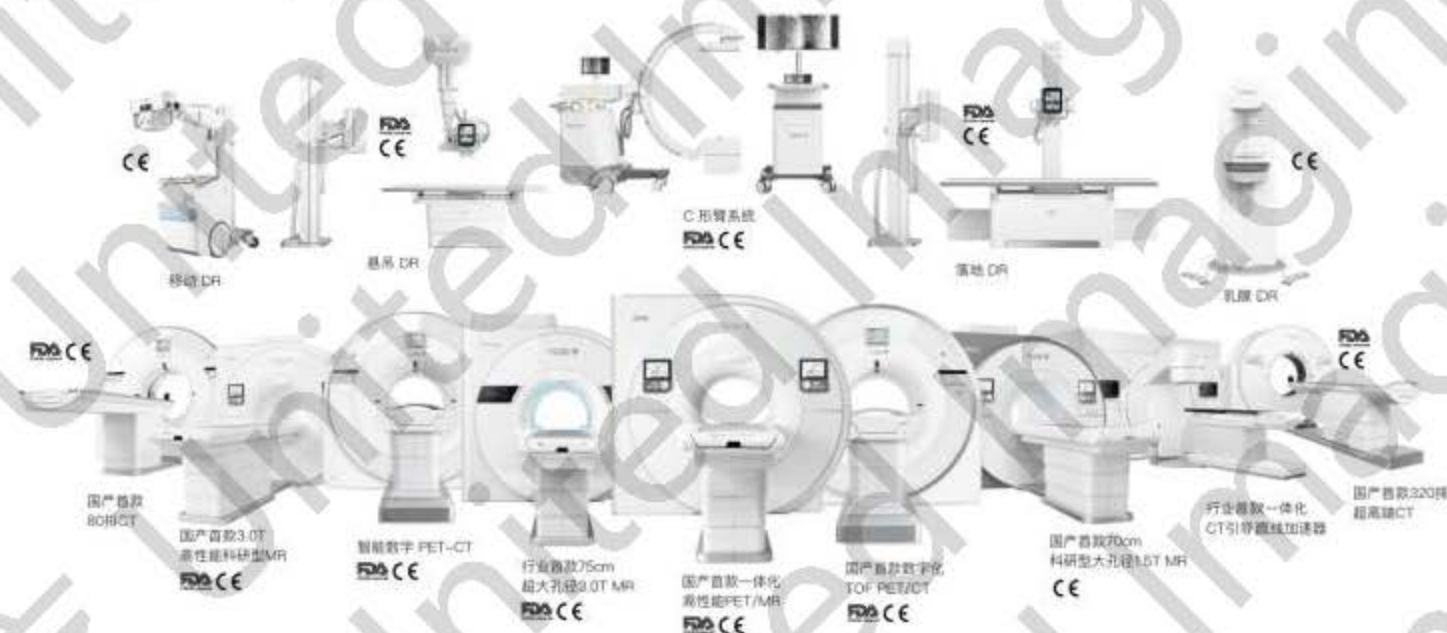
常见医学影像模态



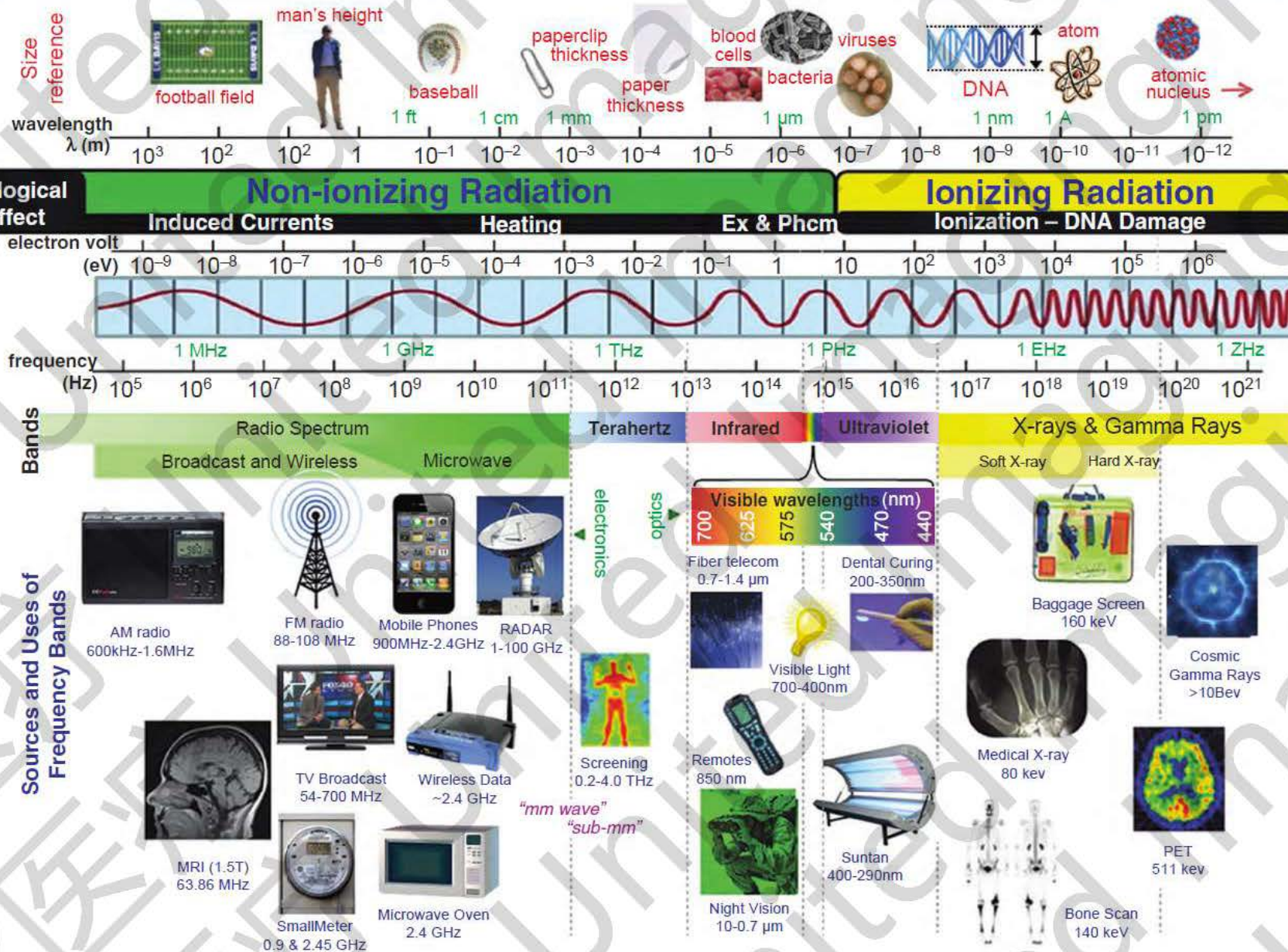
The first x-ray image produced by Roentgen depicting his wife's hand and ring. (From Wikipedia)

- Conventional radiography (X-ray);
- Fluoroscopy;
- Angiography;
- Mammography;
- Computer tomography (CT);
- Ultrasound and Doppler-ultrasound;
- Magnetic resonance imaging (MRI);
- Gamma Camera
- Single Photon Emission Computed Tomography(SPECT)
- Positron emission tomography (PET);
- Thermal imaging;
- Micro biopsy

- Contrast Resolution
- Spatial Resolution
- Noise
- Tempo Resolution



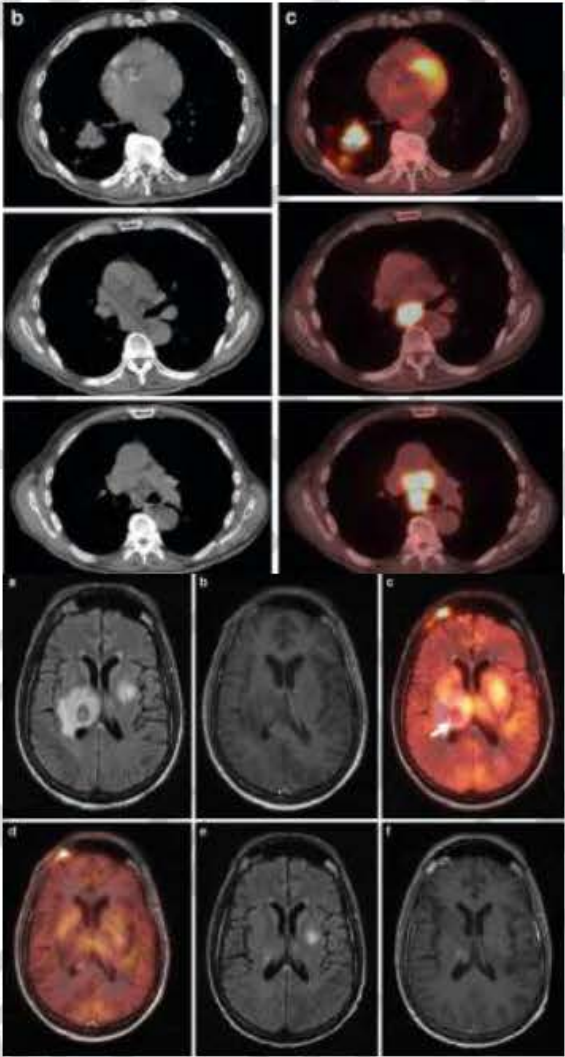
ELECTROMAGNETIC RADIATION SPECTRUM



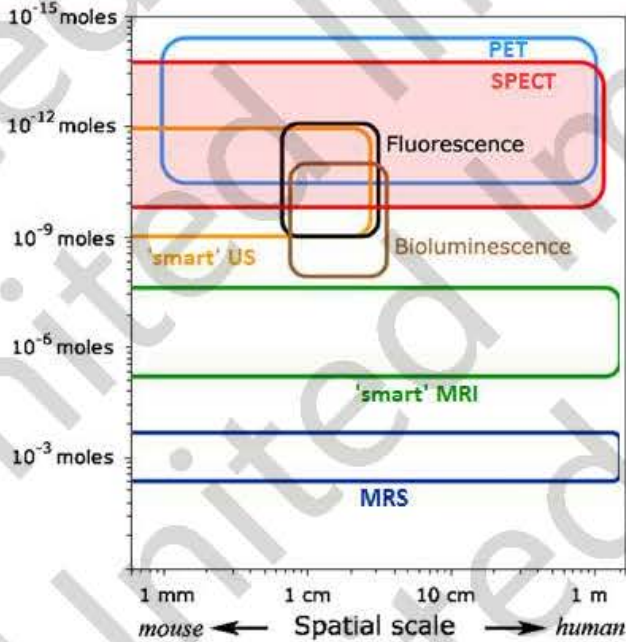
主流医学影像如XR、CT、SPECT、PET等都以辐射探测技术为基础

常见模态

多模态互补,“1+1>2”



MRI	CT	PET
- 解剖影像，反映原子核分布，也可进行一些分子影像。 - 扫描速度较慢，无电离辐射 - 孔径小且长，扫描体验较差。 - 软组织分辨率高， - 在肺部、骨骼等部位上存在短板	- 解剖影像，反映密度差异，可提供准确的电子密度分布图 - 扫描速度快，辐射剂量较高 - 在骨骼、血管相关病变显示上具有突出优势 - 软组织分辨率不如磁共振MRI。	- 分子影像，反映代谢、受体、转运等信息 - 高灵敏度，高特异性，高定量准确性 - 扫描速度较慢，辐射剂量较高 - 在体三维影像，但图像分辨率较低。 - 读片门槛较高，依赖医生经验。



全身三维成像

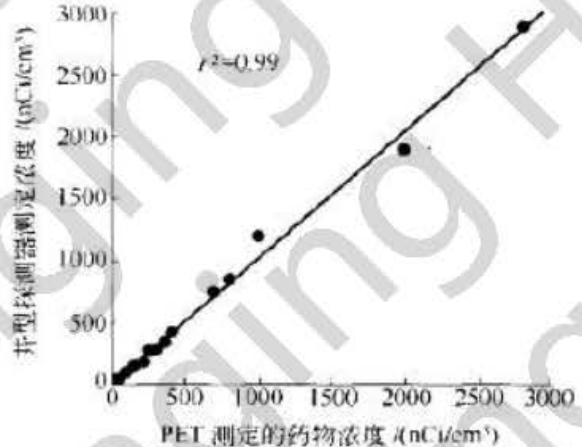
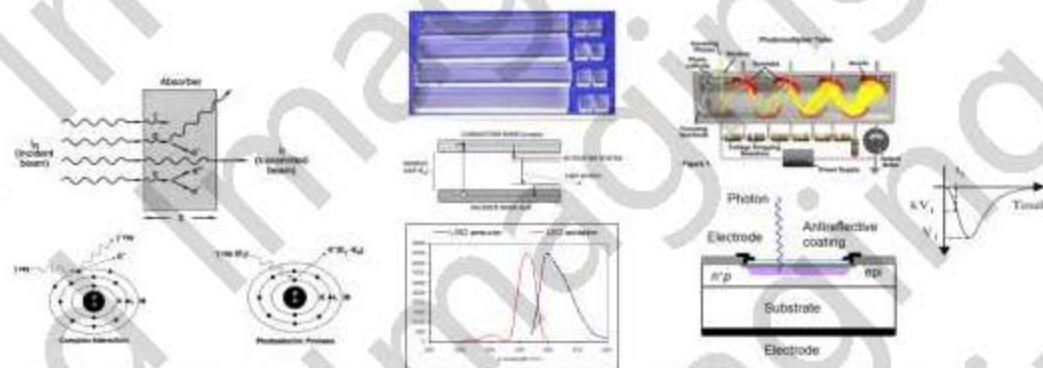


图 46-1 PET 测定的药物浓度与井型探测器直接测定组织标本结果的比较

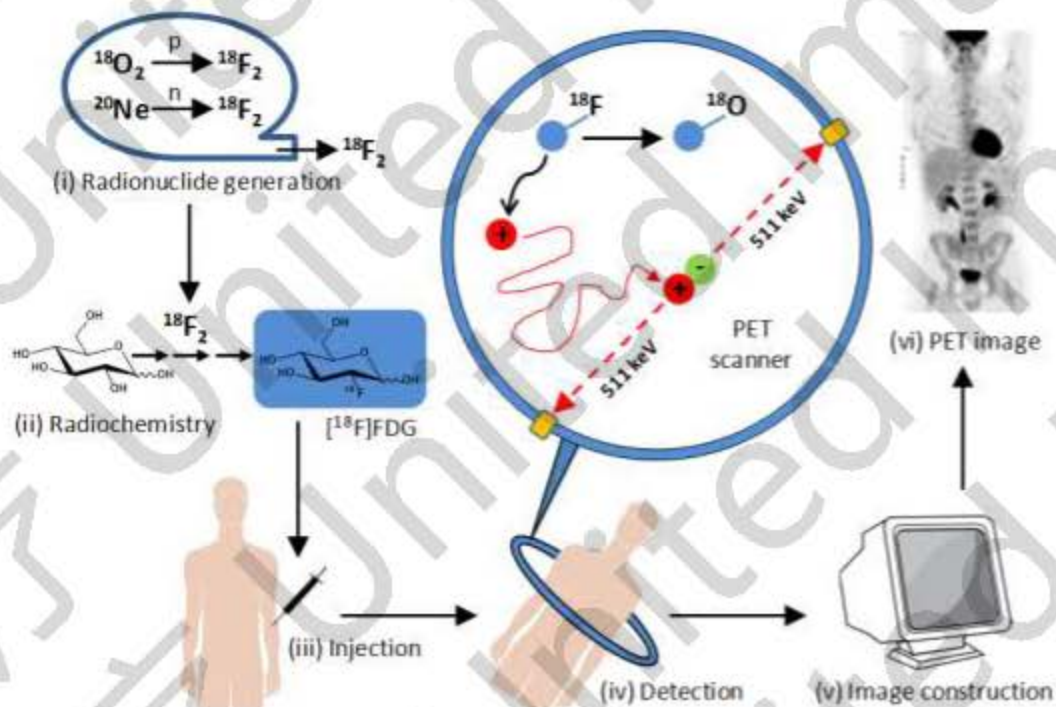
PET成像原理

- ① 核素生产：使用回旋加速器生产出放射性物质
- ② 放化合成：通过化学反应，将放射性物质标记到目标分子上，即为放射性药物
- ③ 药物注射：将放射性药物注射入人体
- ④ 信号探测：人体内的放射性药物不断衰变，衰变的核素放出正电子，与人体内电子相遇湮灭后，放出相背飞行的伽马光子对，被PET探测器环探测到符合事例
- ⑤ 图像重建：通过专用算法处理探测到的信号
- ⑥ PET图像：图像重建产出PET图像，即放射性药物在人体内的分布图像

PET关键器件：探测器



伽马光子入射晶体，能量沉积 闪烁晶体将沉积能量转为可见光 光电转换器件将可见光转为电信号



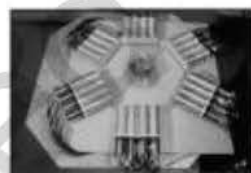
PET发展史



Gordon L. Brownell



William H. Sweet



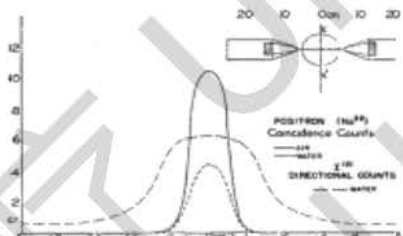
PETT II



PETT II 1/2



PETT III



1950s

- Na-22成像试验

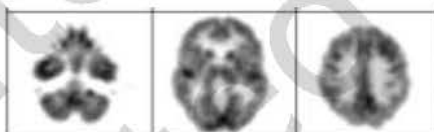
1970s

- PET产品
- 实现图像重建



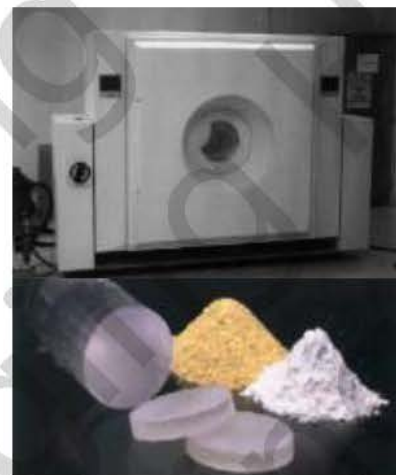
1980s

- BGO晶体PET
- Block探测器

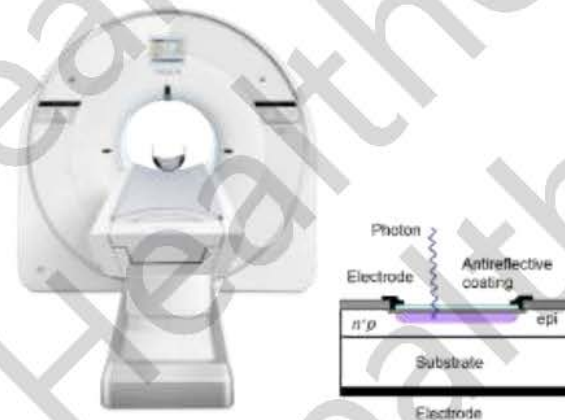


1990s

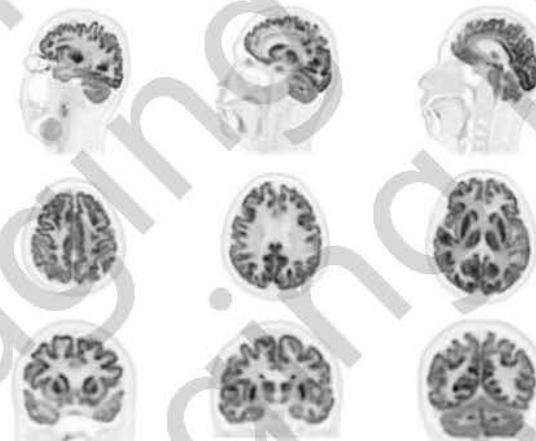
- LSO晶体TOF-PET
- PET/CT



2010s

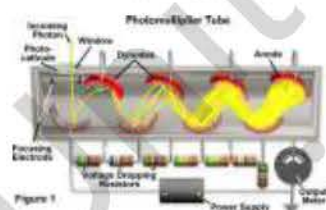


- SiPM代替PMT



技术趋势 | SiPM替代PMT

PMT



西门子Siemens



540ps

通用电气GE



555ps

飞利浦Philips



495ps

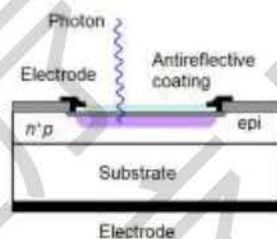
联影United Imaging



486ps



SiPM



214ps



375ps

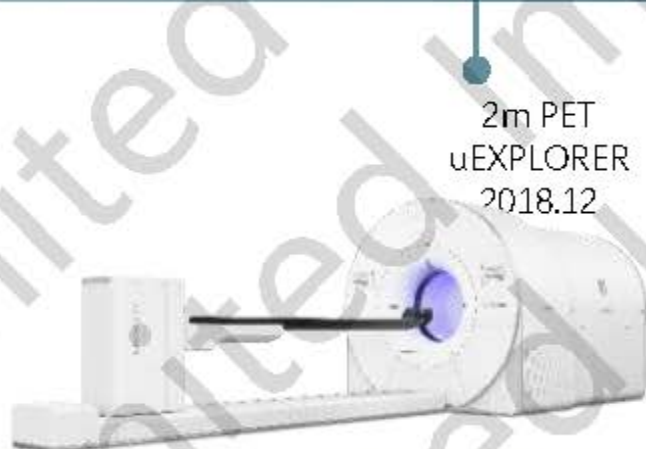
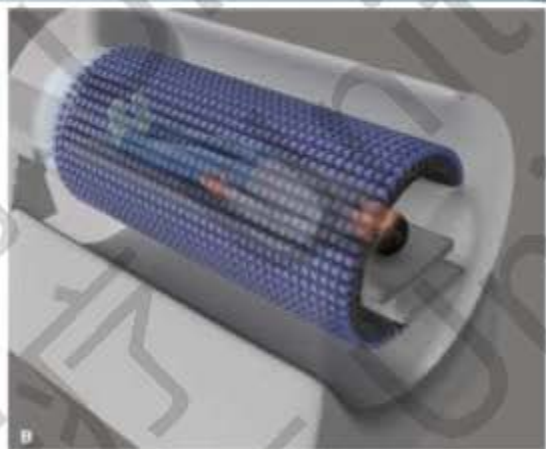
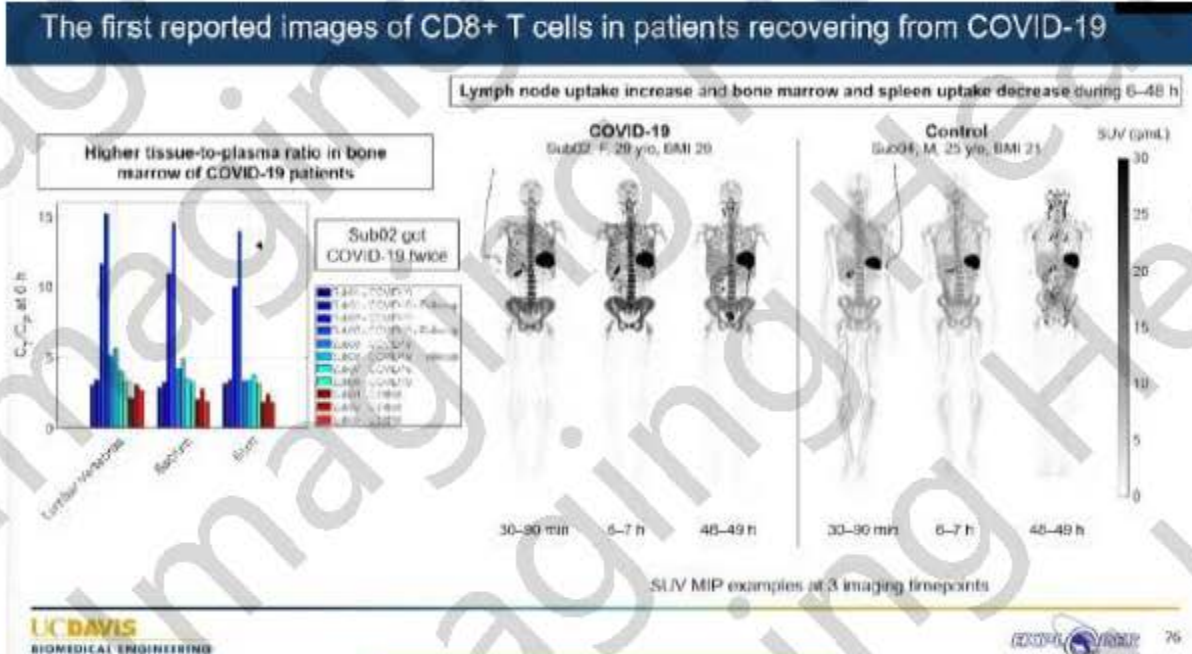
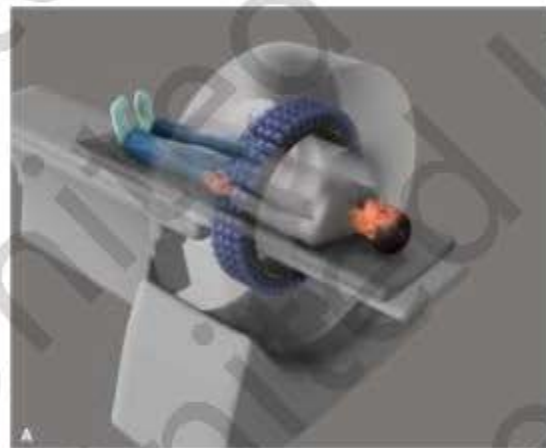


345ps

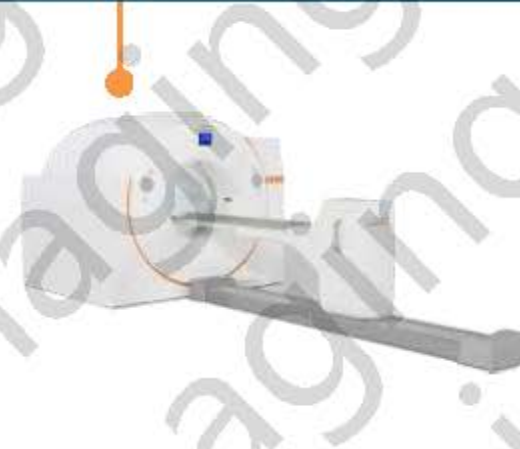


196ps

技术趋势 | Total body PET

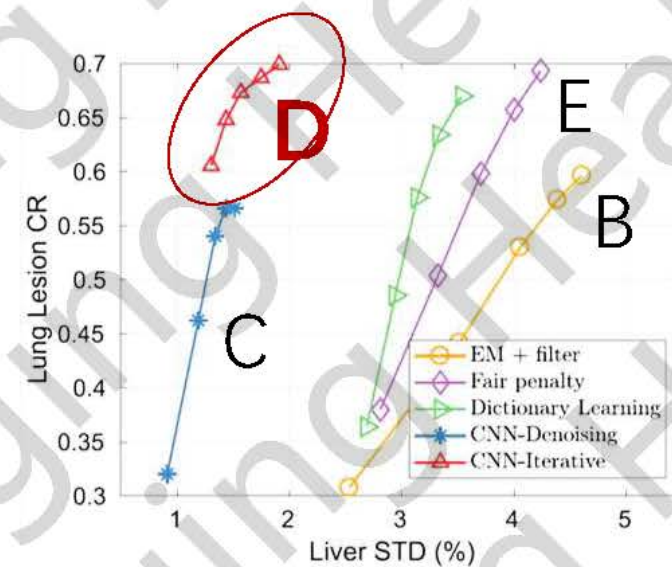
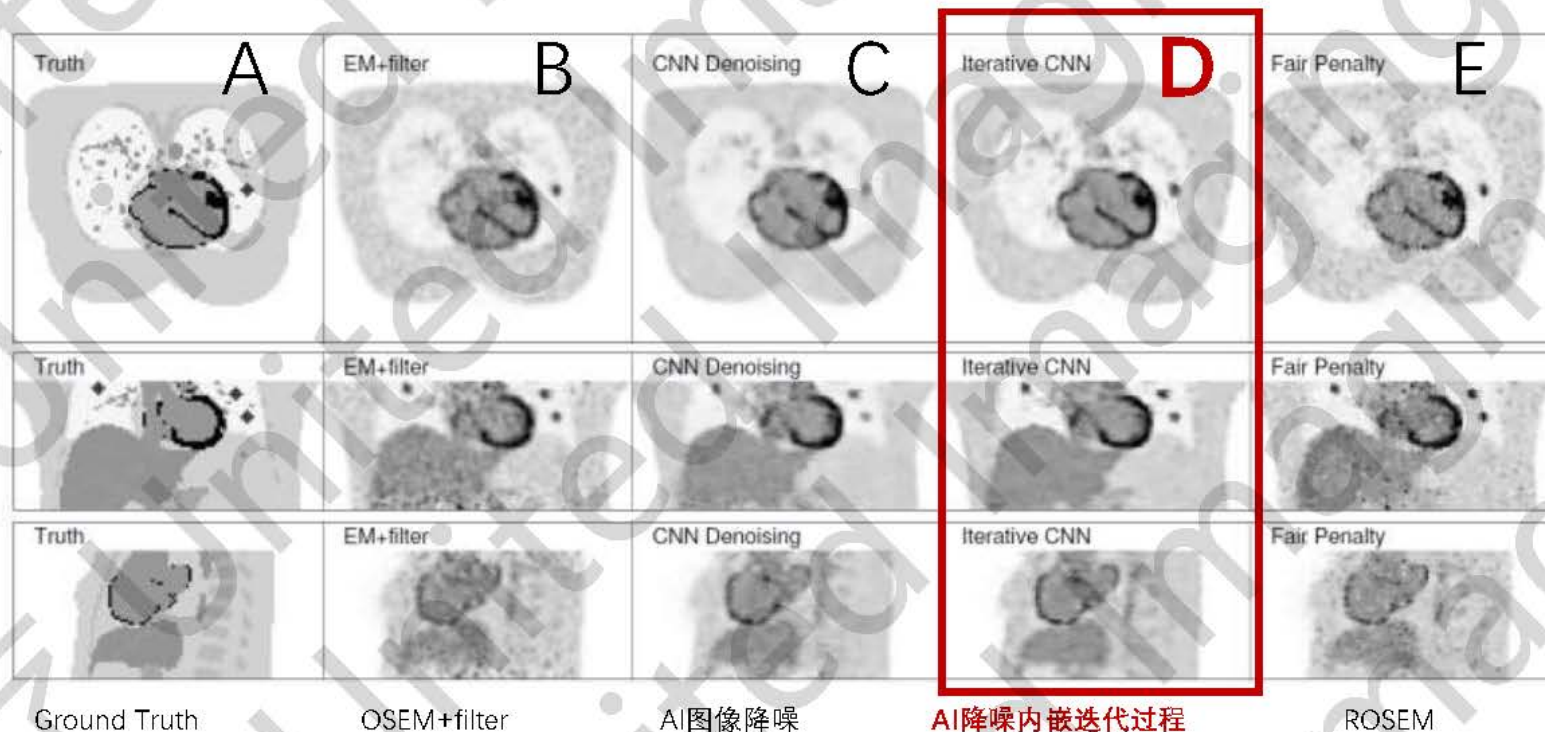


2m PET
uEXPLORER
2018.12



1m PET
Quadra
2021.3

图像质量极佳，临床上可进行极速/低剂量扫描，科研可全身动态成像，实现药代、毒理、细胞追踪等尖端研究



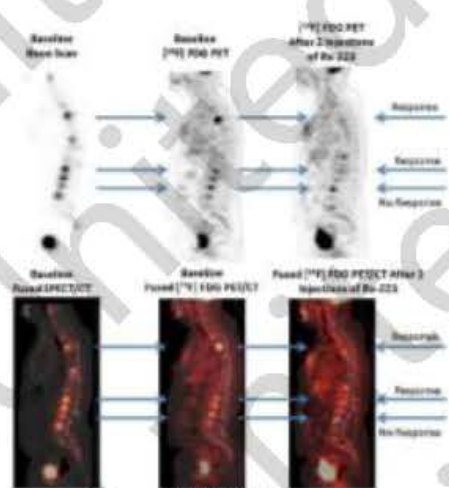
- 与PSF、TOF、正则化方法类似，AI迭代重建为进一步提升图像质量（对比度提升、降噪效果提升、分辨率提升等）

K. Gong et al., "Iterative PET Image Reconstruction Using Convolutional Neural Network Representation," in IEEE Transactions on Medical Imaging, vol. 38, no. 3, pp. 675-685, March 2019, doi: 10.1109/TMI.2018.2869871.

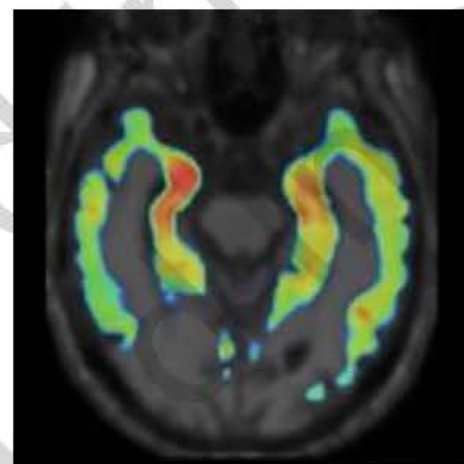
Reader A J , Corda G , Mehranian A , et al. Deep Learning for PET Image Reconstruction[J]. IEEE Transactions on Radiation and Plasma Medical Sciences, PP(99):1-1.

技术趋势 | 新探针

美国核医学年会历年 The image of the year



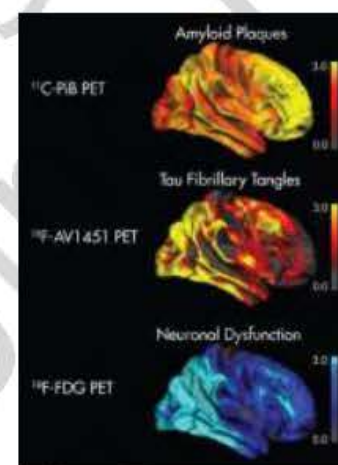
2013年



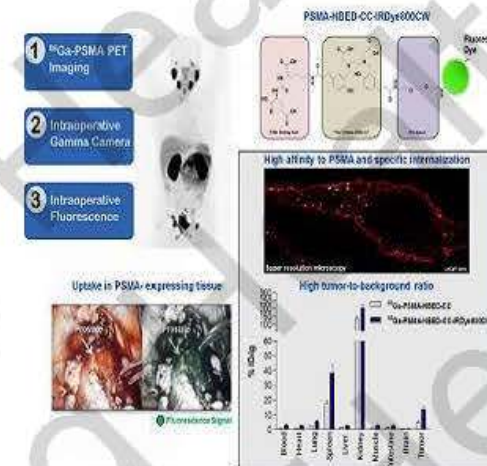
2014年



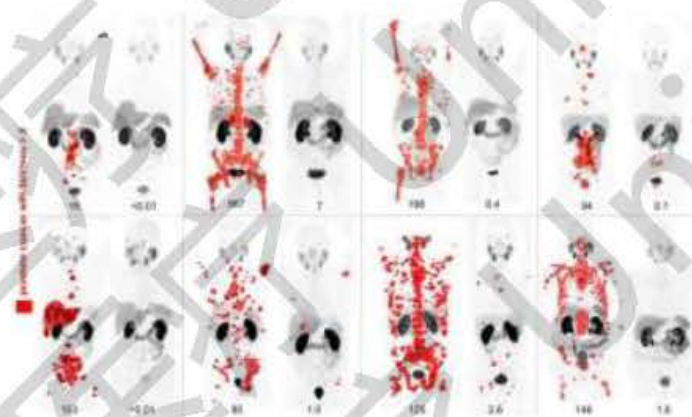
2015年



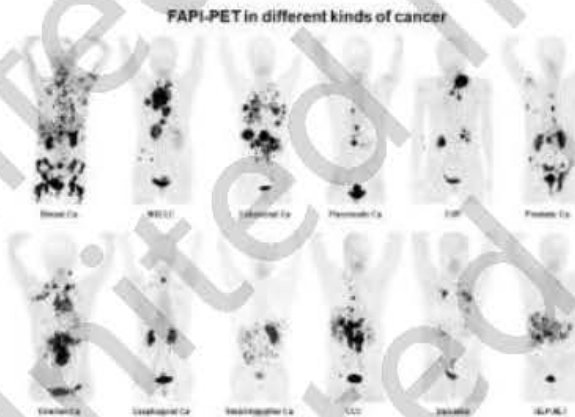
2016年



2017年



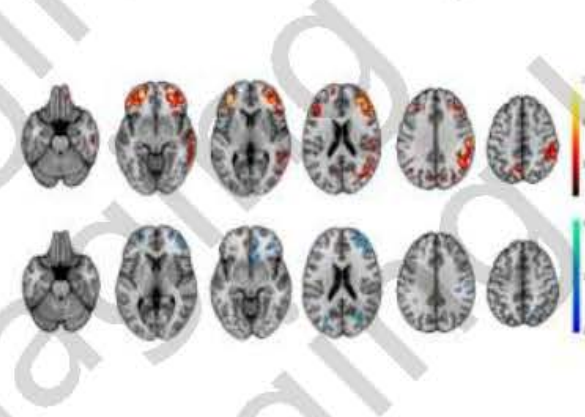
2018年



2019年



2020年



2021年

PET技术的发展趋势

- ✓ PET轴向视野不断拓宽，比如Total-body PET-CT，可以单床覆盖人体全身；
- ✓ L(Y)SO闪烁晶体占据主流，晶体尺寸不断变小，处理工艺更精细，系统空间分辨率逐步提升；
- ✓ 随着SiPM光电转换器件的发展成熟，PET探测器已进入全面SiPM-based时代；
- ✓ ToF飞行时间分辨率不断提升，最新商用PET已突破200ps；
- ✓ 设备智能化质控和智能化状态监控，设备的可用性更佳，减少了对操作者的辐射；
- ✓ 图像重建智能化技术不断发展，在降噪、提升图像质量、以及伪影校正等多方面有较大的提升；
- ✓ 新探针使用逐步得到推广。

长轴PET技术 Total-body PET

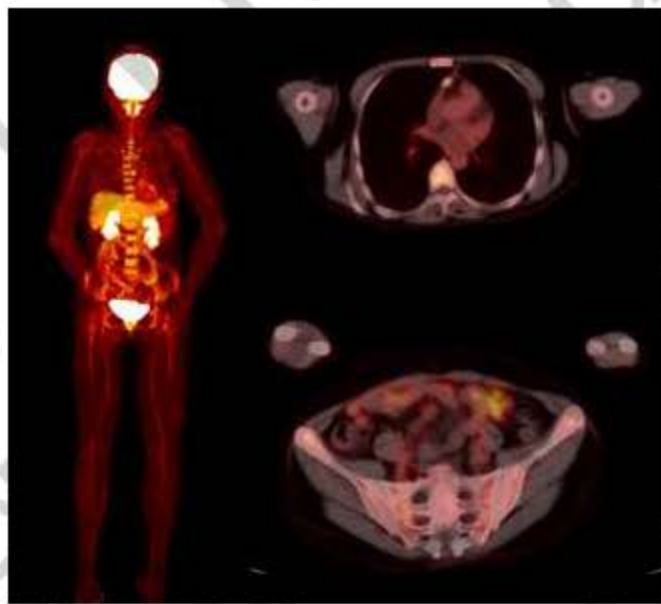
传统PET的局限性

辐射剂量 **偏大**

扫描时间 **偏长**

图像信噪比 **偏低**

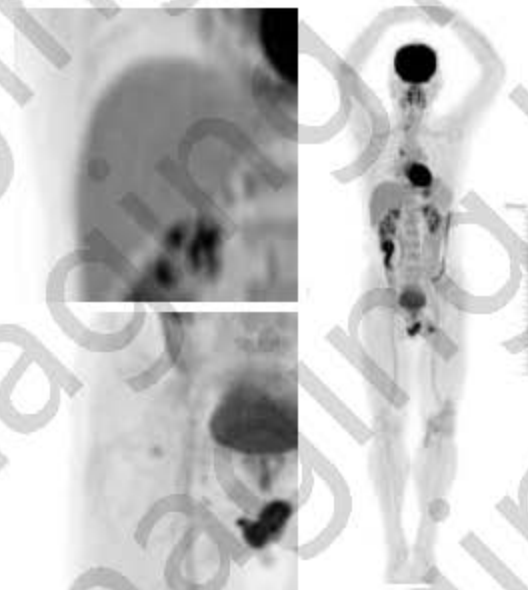
2m PET: 两米轴向视野、超高灵敏度、全身动态成像



1/40注射剂量

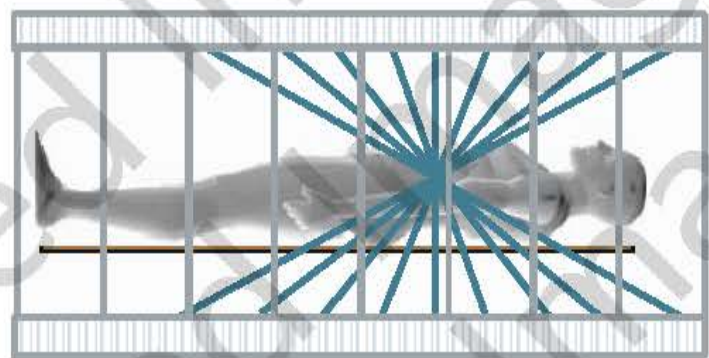


1/40扫描时间



>5倍信噪比

2m PET创新点及挑战



uEXPLORER

- 多单元结构
- 跨单元符合
- 分布式架构

两米超长轴向视野

探测器结构设计

多单元性能一致

运输、安装和维护

超高灵敏度

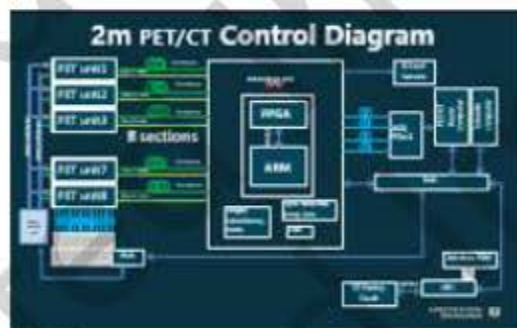
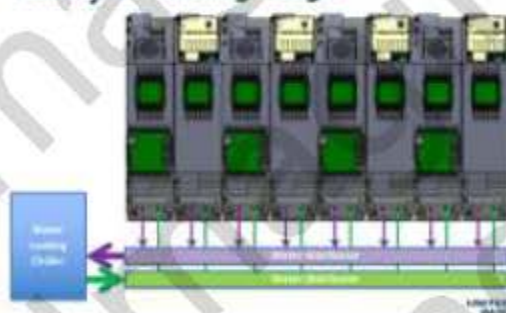
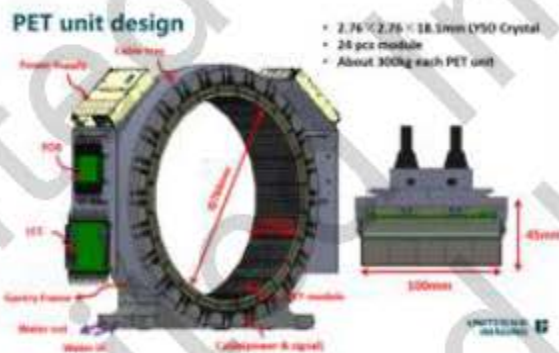
海量数据处理

超高计算量

全身动态采集

定量准确性

创新系统设计



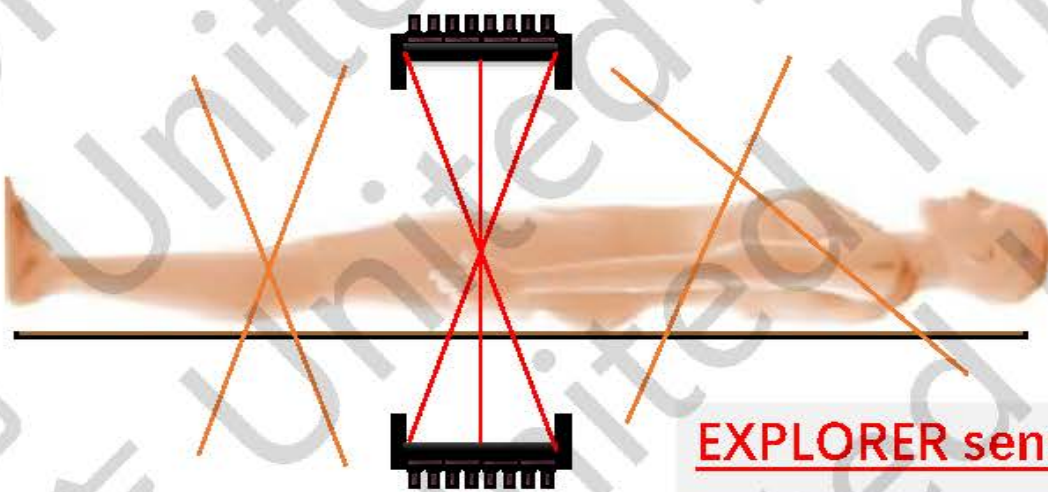
- 2x4 Tesla K20 cards and CUDA 5.0 environment
- In typical situation, for 100 million events, reconstruction time is 17~19 min + 10 min + 2 hours for
reconstruction with 100~400 seconds
for 2x4 GPUs cards, respectively

Key techniques

- (1) Rotation based projector & reconstruction
- (2) Parallel ray tracing algorithm
- (3) Coarsened global thresholding across
- (4) Shared memory
- (5) Parallel reduction

Comparing to Conventional Scanners

CONVENTIONAL PET



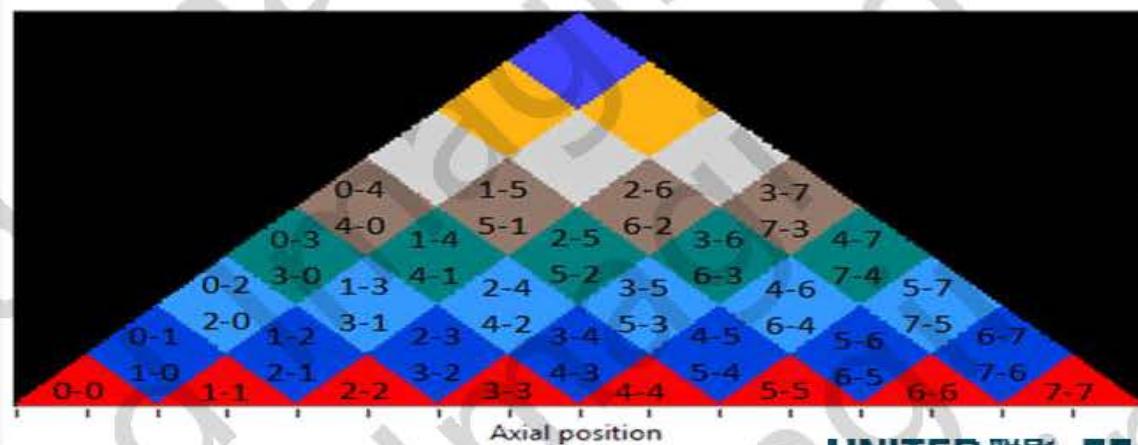
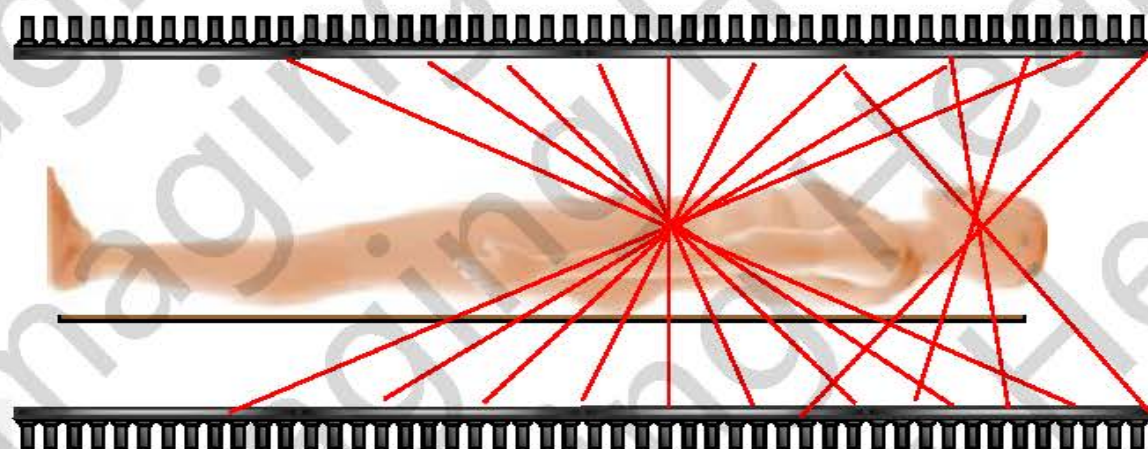

sensitivity

UIH uMI 780	1.60%
Siemens mCT	1.02%
Discovery 710	0.75%
Philips Vereos	0.57%

EXPLORER sensitivity

- Adult: **40x**
- Pediatric: **20x**
- Brain: **5x**
- Single organ: **5x**

EXPLORER



EXPLORER sensitivity

uEXPLORER Can

Image Better



Conventional
PET

EXPLORER

> 6-fold improvement in SNR

Image Longer

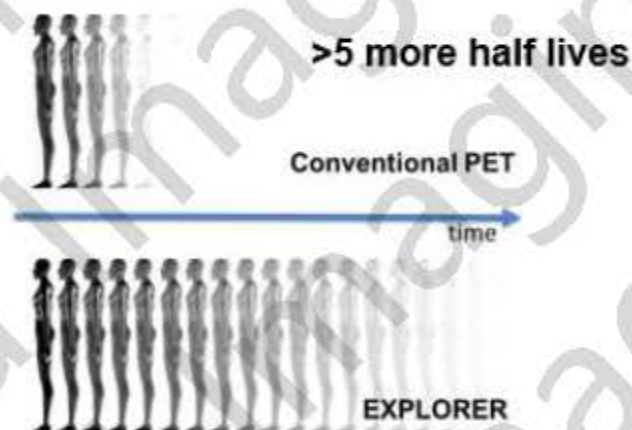


Image Faster

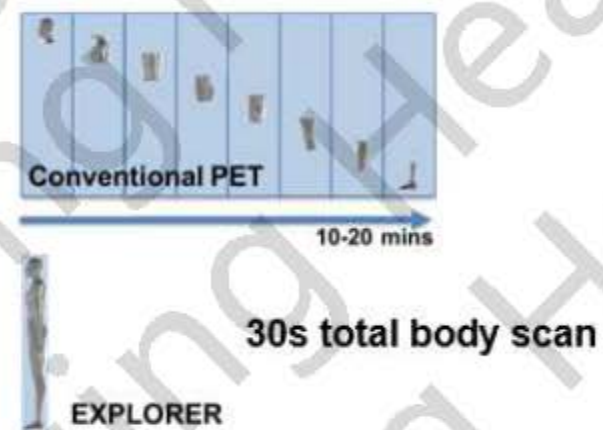


Image Gently (Lower Dose)

Total-body PET

~0.1 mSv

FRA-PVG round-trip

~0.1 mSv

Annual natural background

~2.4 mSv



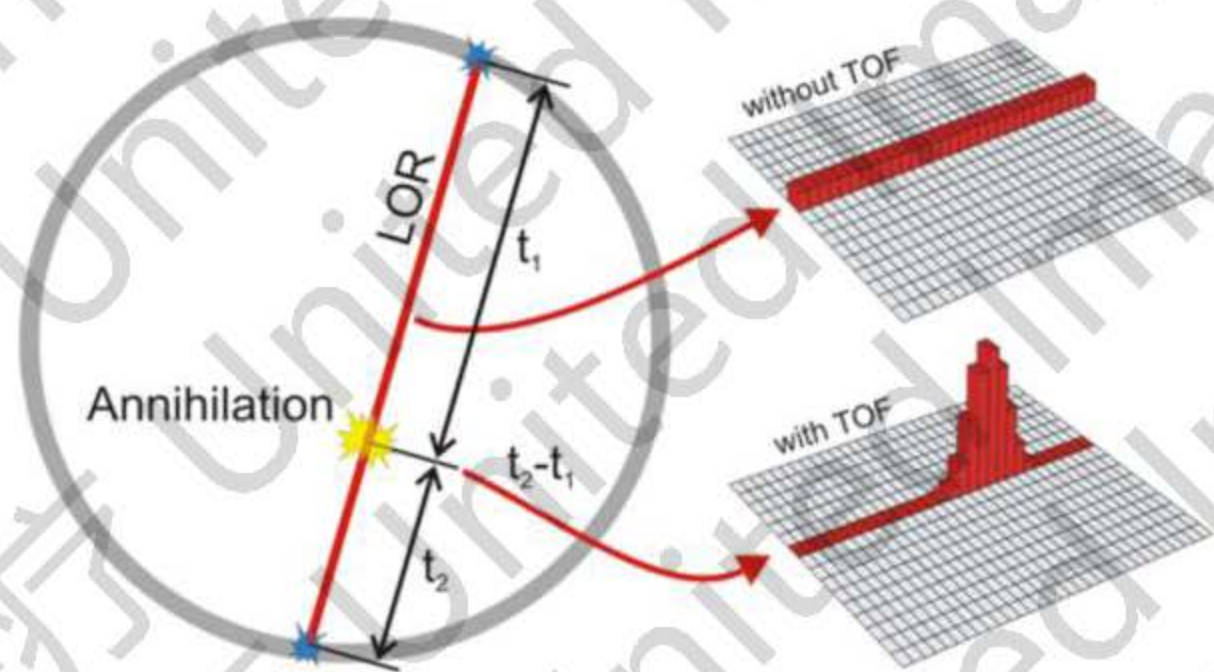
Conventional PET



EXPLORER

TOF-PET技术

TOF-PET的优势



结节间距: 2.3mm

商用PET系统的飞行时间分辨率

TOF

西门子Siemens

通用电气GE

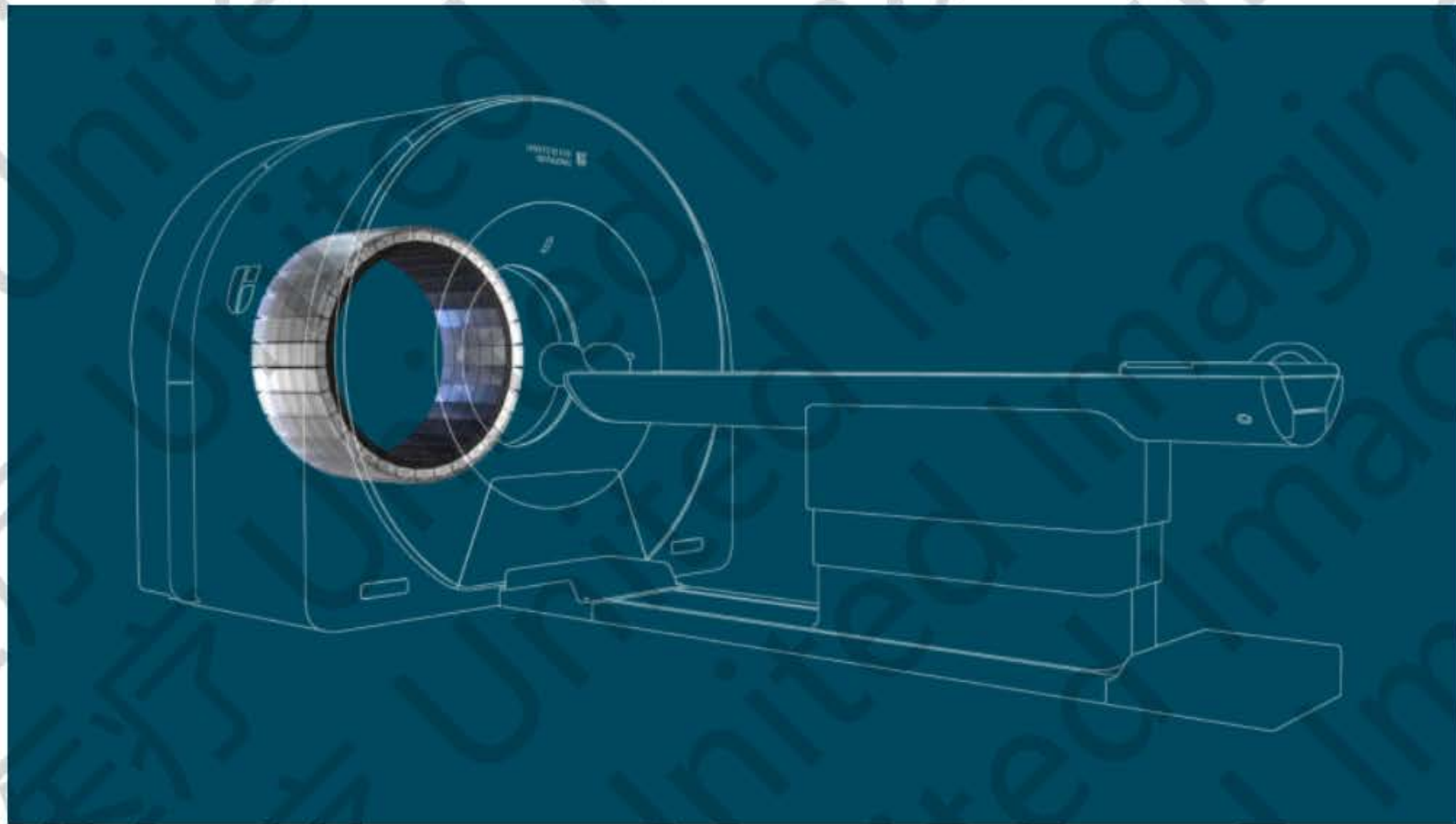
飞利浦Philips

联影UIH



联影在TOF-PET上的工作

完成「十三五」科技部国家重点研发计划数字诊疗专项
开发下一代全数字高性能PET-CT整机系统



项目编号: 2016YFC0104300

密 级: 公开

国家重点研发计划 项目任务书

项目名称: 新一代临床全数字 PET/CT 整机系统研发

所属专项: 数字诊疗装备研发

指南方向: 新一代临床全数字 PET 成像系统

推荐单位: 上海市科学技术委员会

专业机构: 中国生物技术发展中心

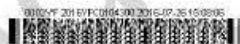
项目牵头承担单位: 上海联影医疗科技有限 (公章) 公司

项目负责人: 安少辉

执行期限: 2016 年 07 月 至 2020 年 12 月

中华人民共和国科学技术部

2016 年 07 月 26 日

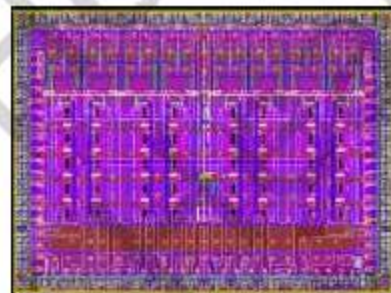
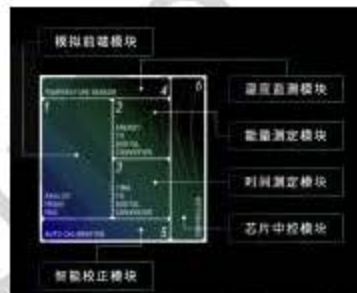


联影在TOF-PET上的工作

全自主闪烁晶体工厂



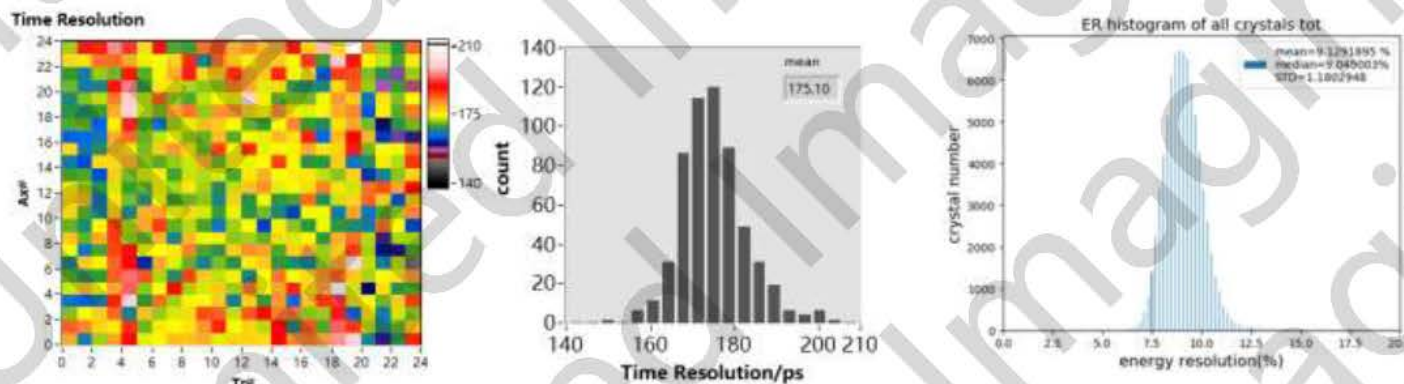
自研PET探测器专用ASIC芯片



联影在TOF-PET上的工作

M-06-046 – Preliminary Performance evaluation of the PET detectors with UIH PET ASIC (#1273)

S. Chu, Z. Han, X. Wang, J. Ni, B. Liu, D. Bi, H. Xie, Z. Li, Q. Zhao, Y. Sun, S. An



2022最近进展:

Detector Performance

CTR ~ 175ps

ER ~ 9.5%

System Performance

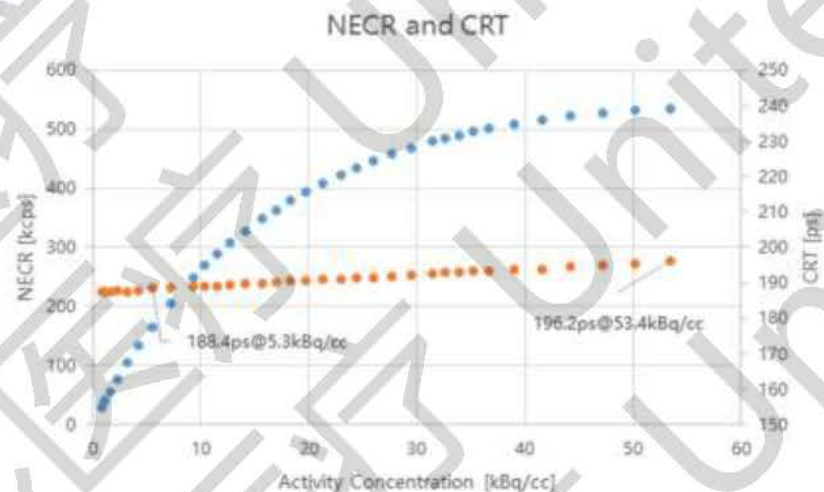
CTR ~ 188ps

M-11-01

Preliminary results of the performance characteristics for the new digital uMI Panorama PET/CT system (#1282)

Y. Liu¹, Y. Sun¹, Y. Wu¹, L. He¹, D. Hu¹, Y. Dong¹, S. An¹, Y. Ding¹, S. Chu¹, D. Bi¹

¹ Shanghai United Imaging Healthcare, Shanghai, China



So What is NEXT?

10ps challenge

<https://the10ps-challenge.org/>

The 10 ps TOF-PET challenge a step toward reconstruction-less TOF-PET

- a spur on the development of fast, living, active disciplines and technologies
- an opportunity to collaborate on a community on a complex but tractable problem
- an incentive and opportunity to seek further funding
- a way to shed light on advanced nuclear medicine for medical imaging and beyond

PDF version of motivations can be found here



Non-TOF back-projection



TOF back-projection with 10ps FWHM CTR



100ps FWHM CTR Hoffman OSEM

Hoffman brain phantom simulated analytically without noise (courtesy: Johan Nuyts, University of Leuven)

Endorsements



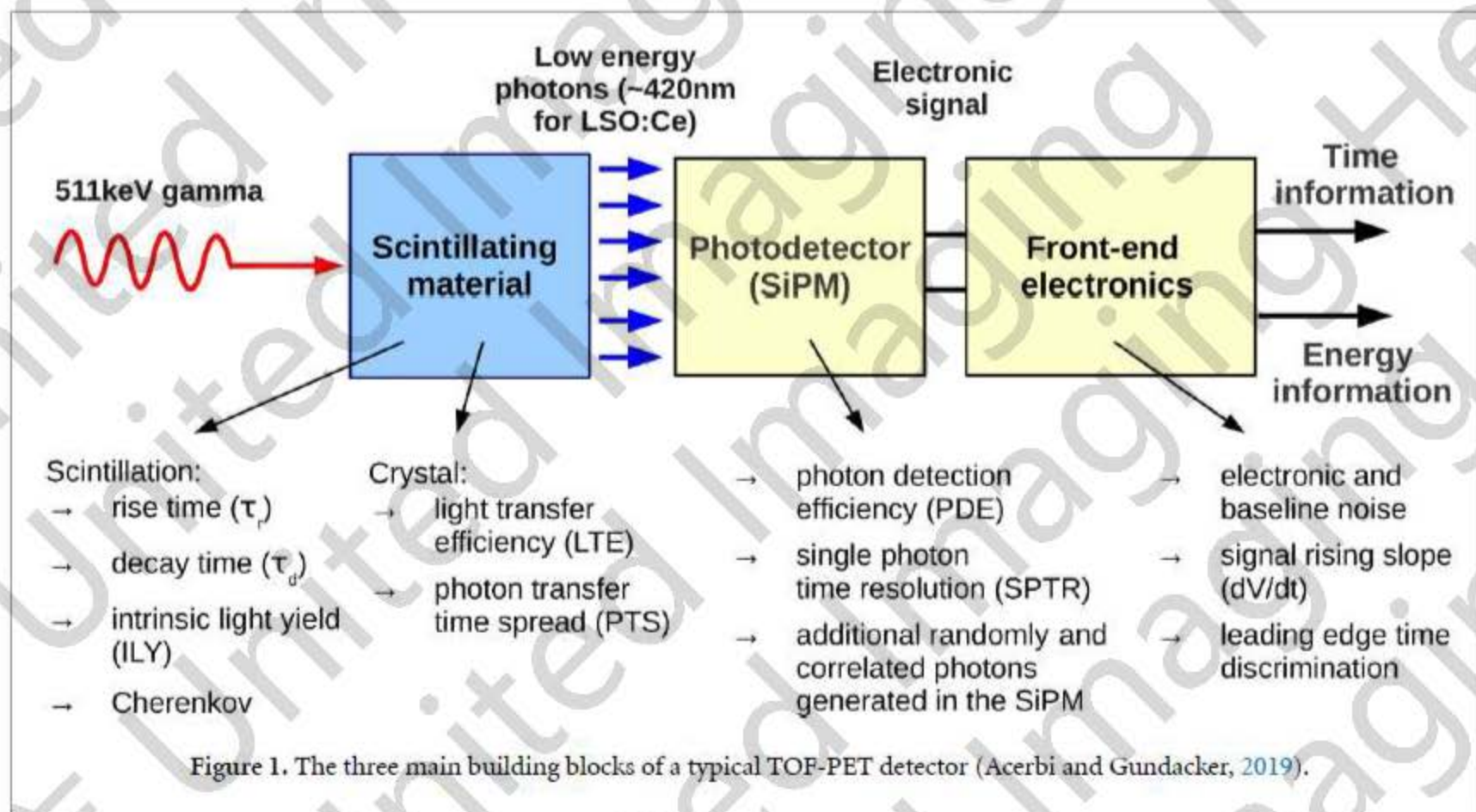
Scientists



United Imaging HealthCare

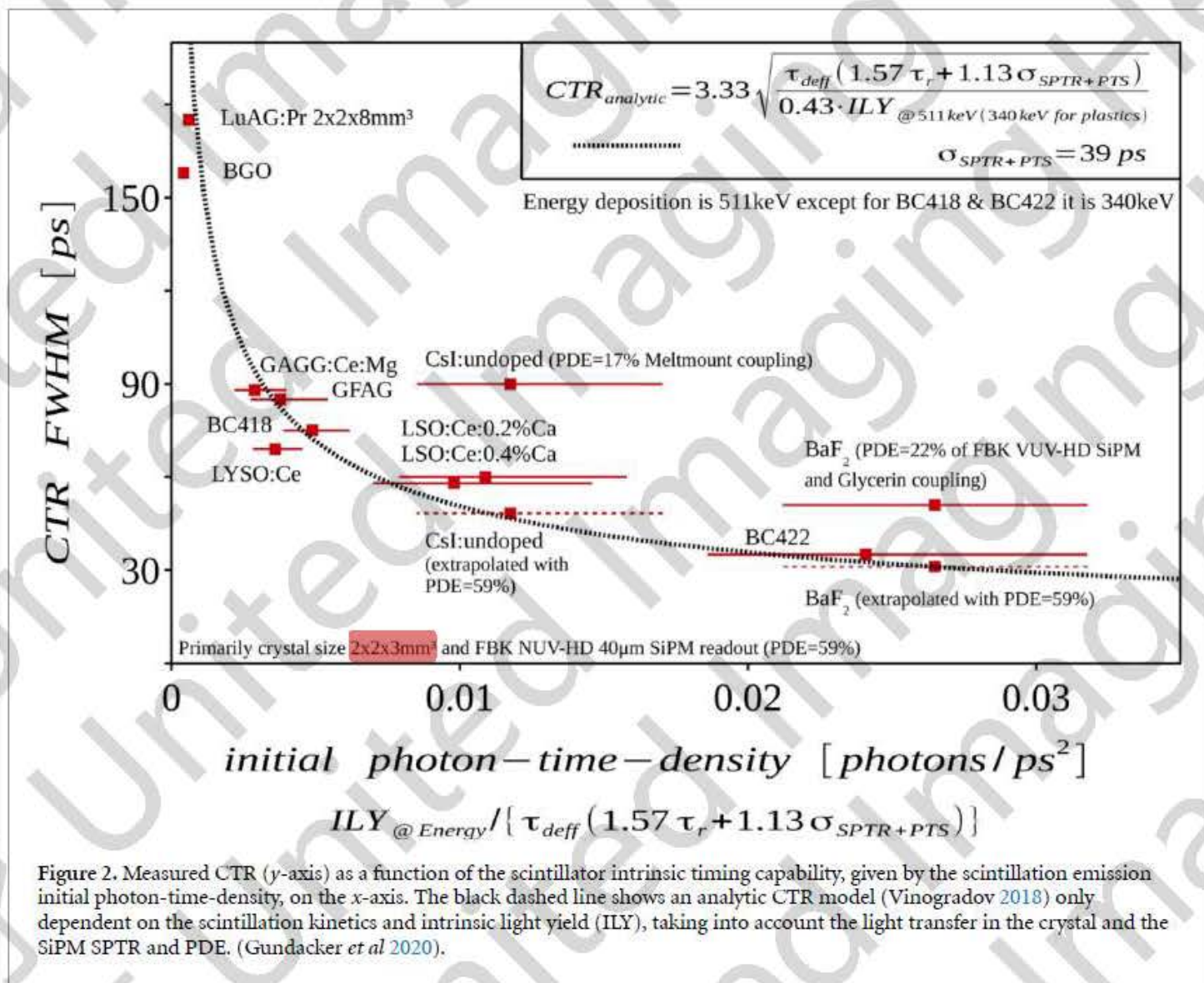
TOF-PET技术的瓶颈

主流PET探测系统结构：闪烁晶体L(Y)SO + SiPM + 读出



TOF-PET技术的瓶颈

TOF水平预测



TOF-PET技术的瓶颈

- 1、理想的晶体材料，光产额要尽量高，同时发光衰减时间尽量短，射线阻止能力较好，能量分辨率较好，性能稳定。L(Y)SO:Ce发光衰减时间一般会随着光产额的增加而增加，LaBr₃:Ce各项性能较好，但极易潮解，易碎。
- 2、为了确保探测效率，晶体需要一定的长度(约20mm)，闪烁光子在晶体内传输时间的不确定性会增加定时误差，较长的晶体还会引入严重的DOI(depth-of-interaction效应)，进一步增加定时误差
- 3、光电器件的SPTR(Single Photon Timing Resolution)和PDE(Photodetection efficiency)对CTR的影响很大，虽然SiPM的不断提升，但对系统CTR的提升有限。

经典的长闪烁晶体+高速光电转换器的PET探测器架构，限制了TOF水平在100ps左右。

TOF-PET探测器进展

Direct positron emission imaging with Cerenkov radiator integrated MCP-PMTs

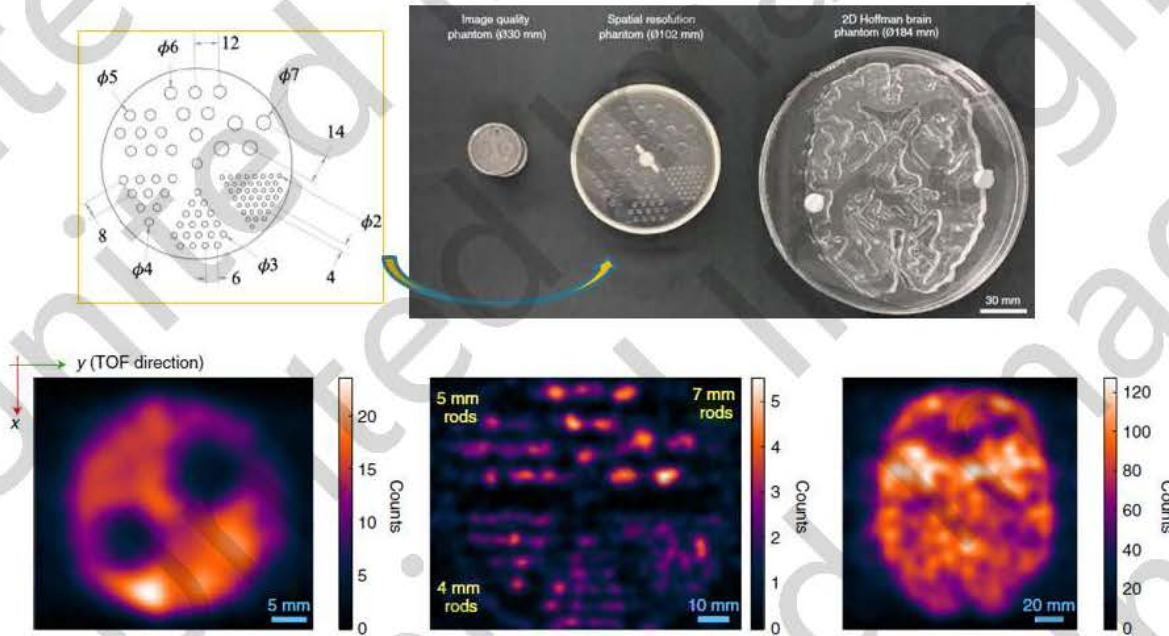


Ultrafast timing enables reconstruction-free positron emission imaging

Sun Il Kwon^{1,5}, Ryosuke Ota^{2,5}, Eric Berg^{1,5}, Fumio Hashimoto², Kyohei Nakajima³, Izumi Ogawa³, Yoichi Tamagawa¹, Tomohide Omura², Tomoyuki Hasegawa⁴ and Simon R. Cherry¹✉

- ① Using **Cerenkov light** as the mechanism to achieve a fast timing signal. Light rise/decay time <10 ps
- ② **Integration of a Cerenkov radiator directly within the photosensor** to optimize light transport and photo-detection timing properties
- ③ Apply **convolutional neural network (CNN)** as a standalone algorithm to predict the timing information from the measured detector waveforms

Imaging results of dPEI



- 3 mm rods can be resolved, indicating a spatial resolution on the order of 4-5mm
- The spatial resolution is in line with timing response of **32 ps**

Limitations

- Low coincidence rate: $\sim 1.65\%$
- Long acquisition time: 2-34 minutes per measurement position, 4-24 hours for the whole image
- High amount of radioactivity used: up to ~ 1000 MBq
- MCP-PMT: bulky and small sensitive area

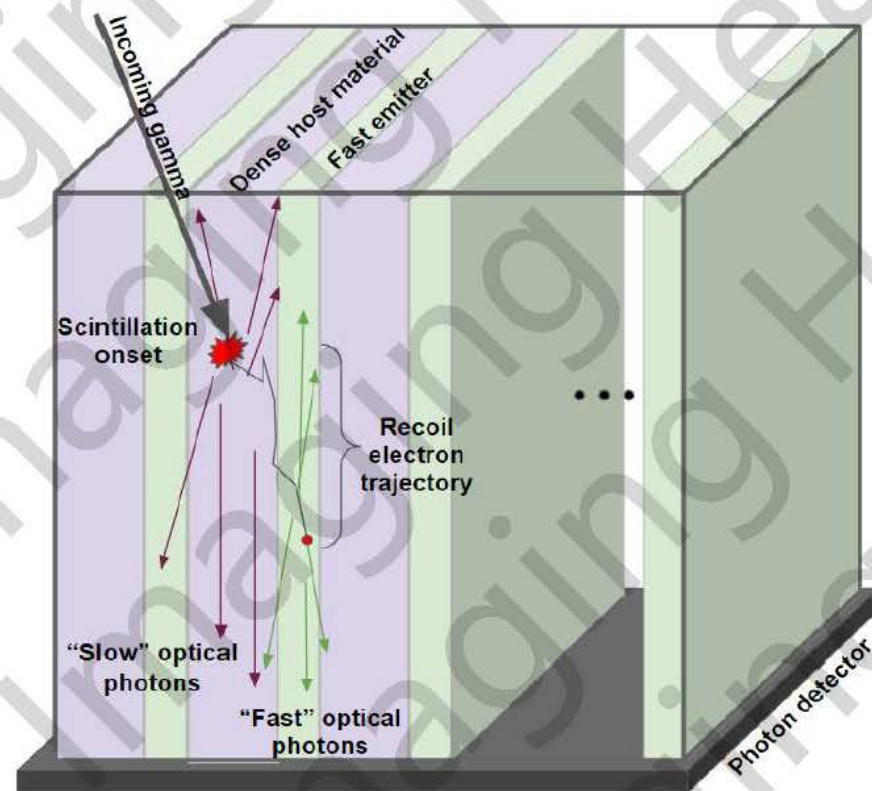
Future solutions

- Using a higher atomic number radiator such as PbF_2 , BGO, HfO_2
- Increasing radiator thickness
- Developing multi-channel detectors that can be tiled together, and then using multiple detectors arrays to increase geometric coverage and collection efficiency.

Meta-Scintillator

- ▶ Recoil electrons produced by 511keV γ losing energy through a dE/dx process. For dense organic scintillators, the recoil electron range reaches up to around 500 μm .
- ▶ Sampling pixel: first generation of composite metastructures, a high-Z host and a fast emitter, cut in layers with thicknesses of less than the recoil electron range and arranged in geometrically periodic alternating positions
- ▶ The fast material is driving the timing improvements, and the heavy scintillator provides the stopping power and energy resolution.

Schematic of sampling pixel



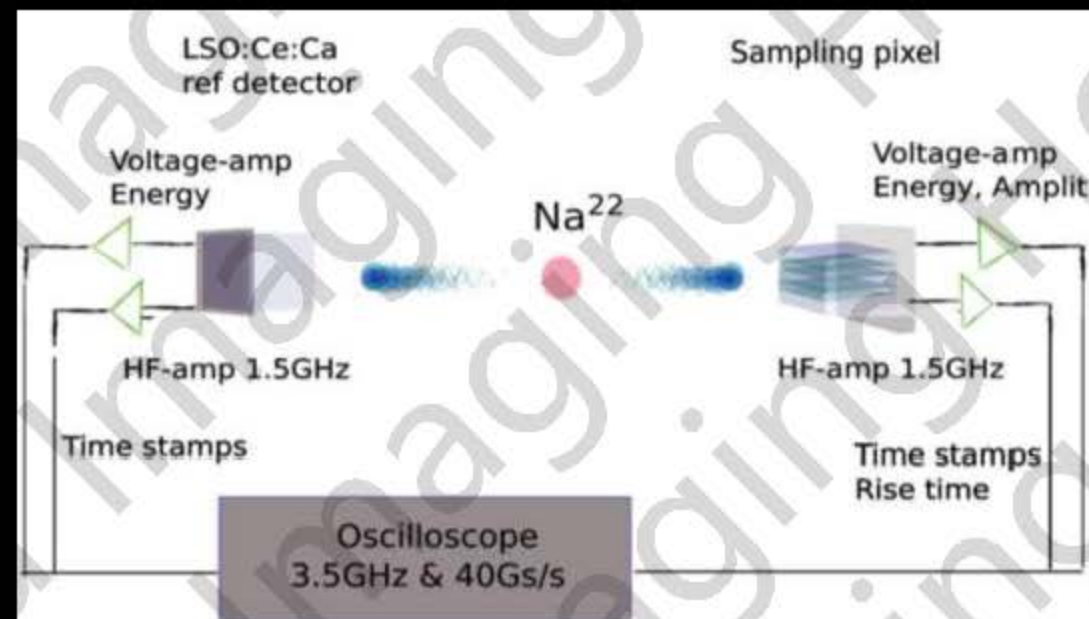
Plastic based metascintillators

LYSO/BGO + BC422

Schematics and picture of the sampling pixels



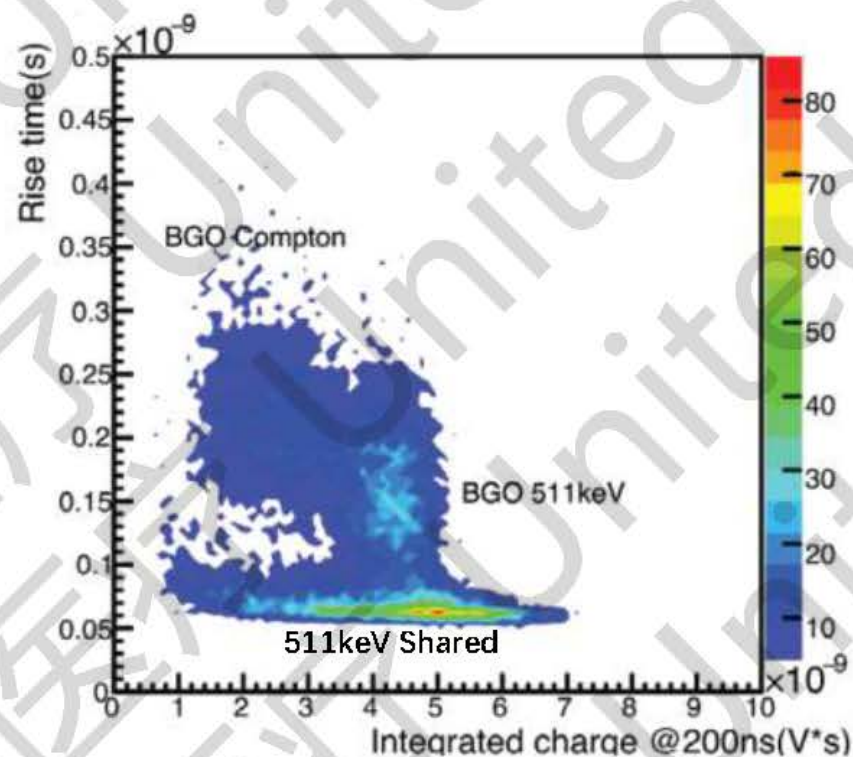
CTR measurement setup



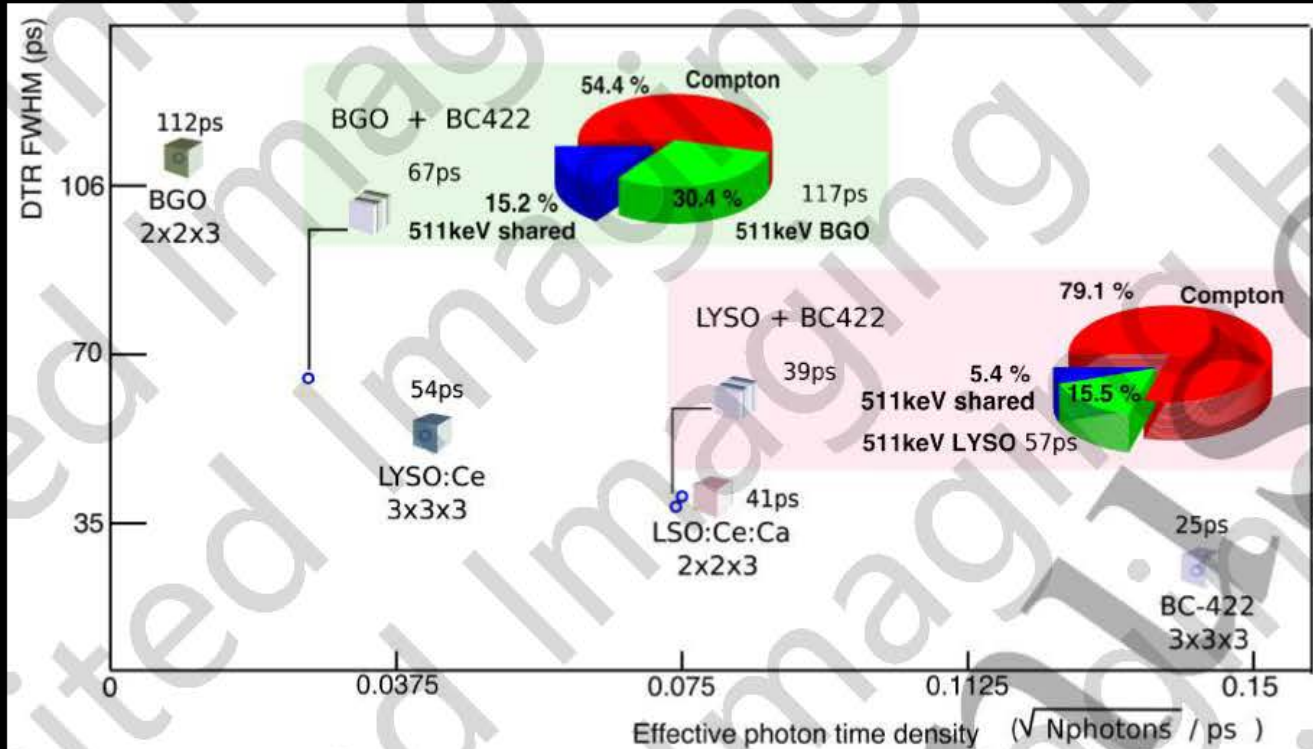
LYSO/BGO + BC422

- 511keV gamma detection efficiency reduced ~40% compared with bulk LYSO/BGO
- 511keV shared events: rise time < 100ps, DTR 67ps (equivalent CTR of 95 ps)

Integrated charge vs. rise time



Measured results



Nanocrystal based metascintillators

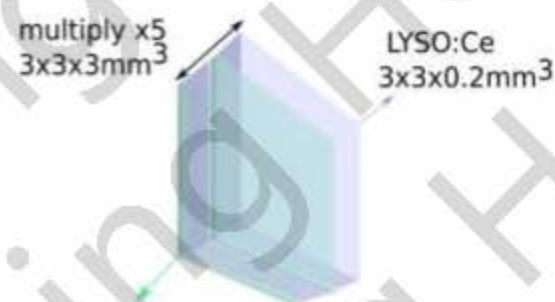
CdSe/CdS nanocomposite

- CdSe nanoplatelets: one of the materials with fastest radiative recombination times
- Intrinsic short-comings:
 - Lower stopping power
 - High self-absorption
 - Organic ligands needed for surface passivation

CdSe/CdS@PS1%: CdSe-based nanocomposite 1% weight concentration, uses polystyrene (PS) as a host matrix



CdSe/CdS + LYSO sampling pixel



CdSe/CdS core crown nanoplatelets drop-casted film
Effective deposited mass equivalent to 20 μ m



Nanocrystal based metascintillators

CdSe/CdS nanocomposite

- ◆ CdSe/CdS@PS1%
- ◆ Emission centered at $\sim 530\text{nm}$
- ◆ ~ 100 photons /MeV

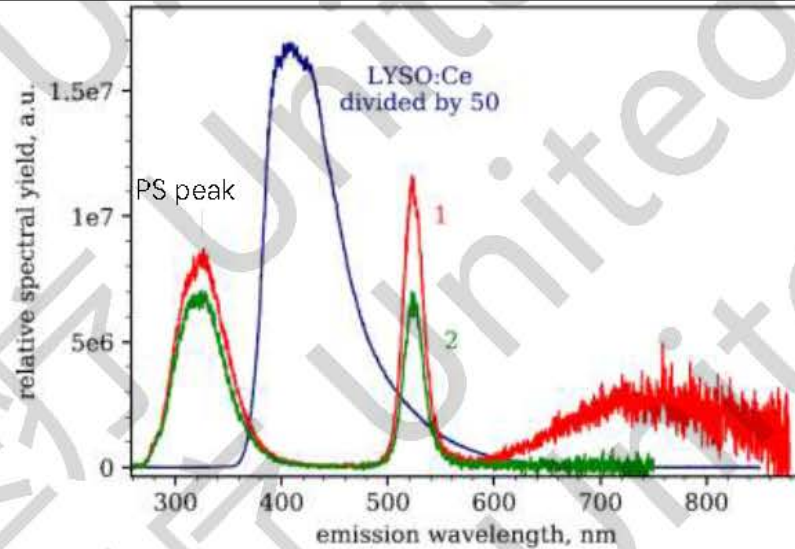
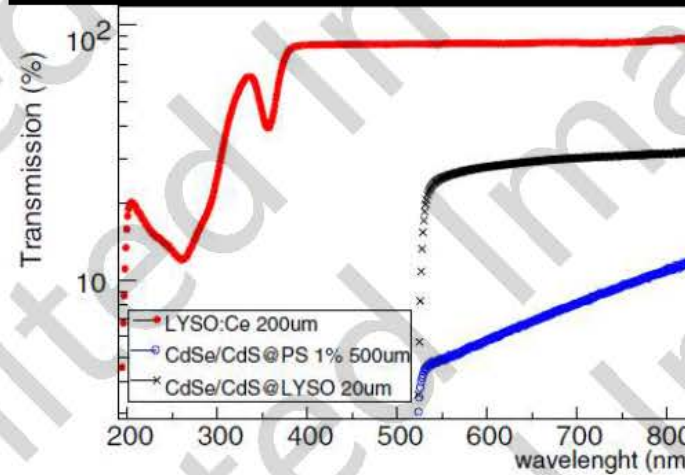
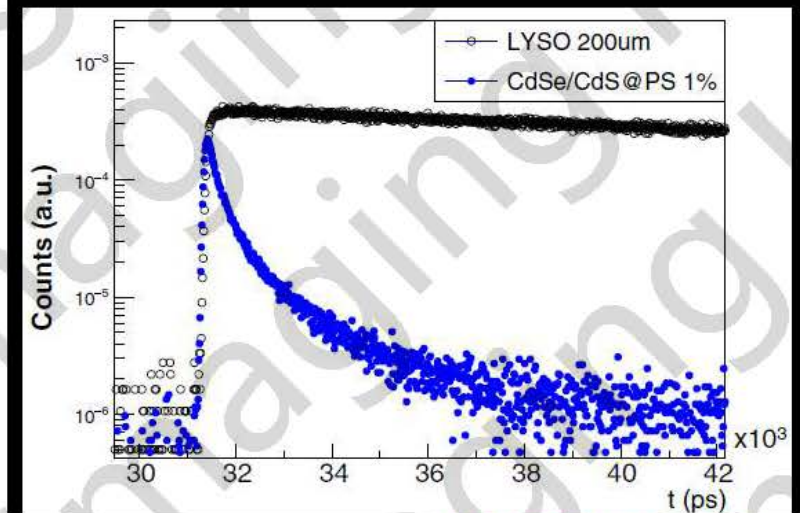


Fig. 6 High-energy cathodoluminescence emission spectra of CdSe/CdS@PS 1%. Curve (1) was recorded in the 0–200 μs time gate and curve (2) between 0 and 32 ns time window relative to the excitation pulse. The CL spectrum of LYSO:Ce was recorded in 0–200 μs time window

- ◆ Transmission of CdSe/CdS nanocomposite
- ◆ Very low transparency

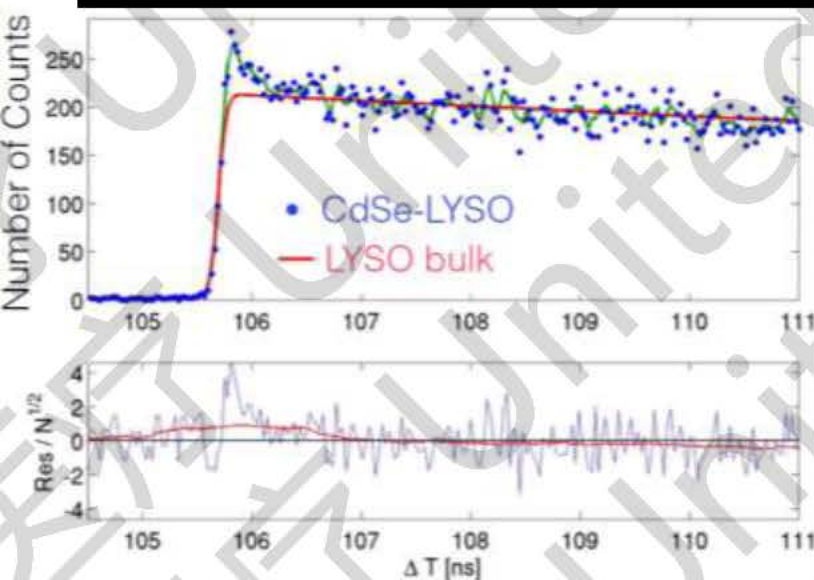


- ◆ CdSe/CdS@PS1% light output obtained in a time correlated single photon counting setup with 40 kV X-ray
- ◆ Rise time $< 1\text{ps}$, time duration $< 1\text{ns}$

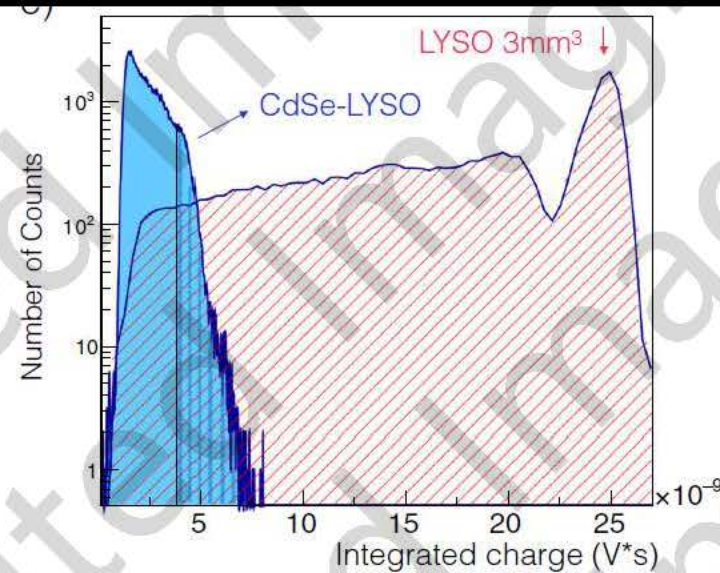


CdSe-LYSO sampling pixel results

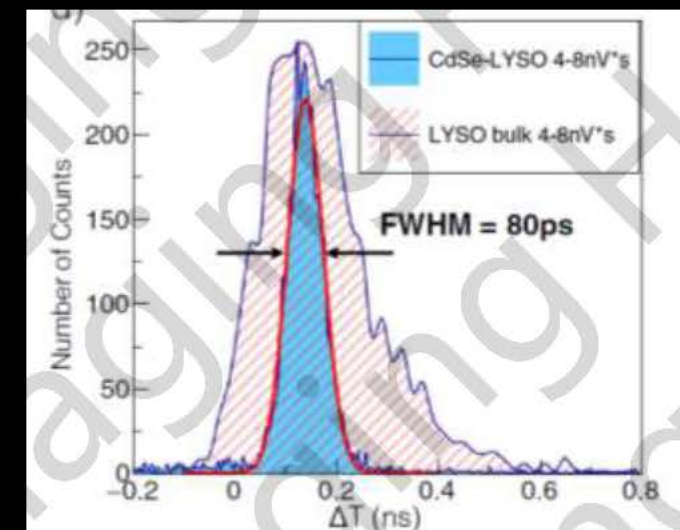
- ◆ Rise time measured in a time correlated single photon counting setup



- ◆ Energy spectrum obtained with a Na22 source
- ◆ CdSe-LYSO shows significantly decreased light output and poor energy resolution



- ◆ Delay time distribution for all CdSe-LYSO events in coincidence with integrated charge higher than 4nV*s

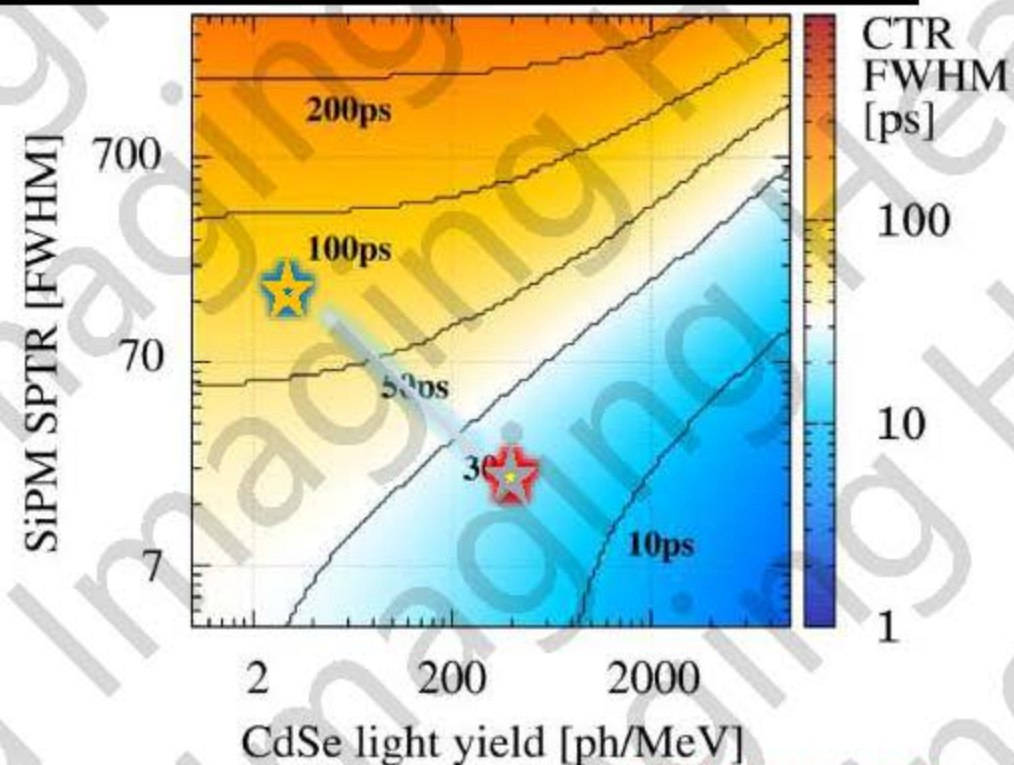


CTR values achieved with a first generation of sampling pixel detectors

- ◆ CTR values achieved with a first generation of sampling pixel detectors
- ◆ *Fast but low efficiency !*



- ◆ CTR lower bound of a hypothetical 2×2×3 mm³ meta-scintillator
- ◆ Is 10 ps possible?



Summary of Metascintillators

- Metascintillators have potential to enhance the timing performance of TOF-PET based on conventional inorganic crystal
- Published results show that 3mm length sampling pixels achieved CTR <100ps with greatly reduced 511keV gamma detection efficiency
- This approach has to overcome significant barriers relating to their deposition, orientation and ways to avoid self-absorption
- Increasing the total light yield of CdSe-based nanocomposite in a factor 100 provide with the photon-time density is critical to reach ultimate time resolution for a significant fraction of the events fully contained in the proposed hybrid pixel geometry
- Much efforts need to be made before it can be applied in PET scanners

Summary

- 提升探测器TOF水平和轴向长度是PET的发展趋势，全身PET/CT已经带来全新的应用
- PET探测系统的设计要兼顾探测效率，TOF时间分辨率，空间分辨率和能量分辨率等多项指标，同时要考虑可加工性、长期稳定性和成本
- 经过近10年发展，主流商用PET均采用L(Y)SO + SiPM的技术架构，目前已经达到了探测器180ps左右，系统200ps左右的水平
- L(Y)SO + SiPM的架构下，整机难以实现好过100ps的TOF水平
- 利用切伦科夫辐射光可以实现更好的TOF，但距离实用还有相当的距离
- 结合fast material 和 heavy scintillator的meta-scintillator可以提供较好的TOF性能和较好stopping power，但距离实用还有相当距离。

如果想要达到10ps的CTR，同时保持高探测效率、空间和能量分辨率，
需要创新的探测器材料、高度集成的光电器件和创新的信号处理方法。

- 希望能够和各位专家交流合作！



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